

All comments were sent unsolicited and represent the personal views of the sender.

These comments are from a recent CTP in Ireland held in May 2012

A phenomenal group of therapists, wonderful support and great connection; any issues that came up during the CTP 3 days was dealt with in an extremely professional, skillful way fully supporting the child and also the child's family, additional guiding how to follow up with treatment; an holistic approach, not only dealing with physical issues, but also emotional and spiritual releases;

Oh, Sandi, I just love this picture, I will be forever grateful for what you, Anne and everyone have done for the children and everyone involved! Yes, I loved the connection! You are amazing!! This event had and is having a huge impact! Expansion!! I can see quite a difference in Darragh physically, emotionally and spiritually! Hope we will meet again soon!

Jessica mum of Darragh (7 years)

I felt it a very powerful and fulfilling experience. It was amazing to be surrounded by so much healing. I would share with another family to stay open minded about it and to let your heart follow you, just relax and enjoy and let the healing work.

Tom dad of Darragh

I thoroughly enjoyed the programme and so did Daragh (10 years). The therapists were wonderful and I appreciated all their different approaches and the way they all worked on the physical and emotional/behavioural level. The water (aquatic) therapy really suited Daragh and I feel he got a lot of releases, that would be hard (difficult) to achieve on the table. As a craniosacral therapist, the programme helped me to learn several new approaches to take with my son's behaviour and this will be useful.

Jeane mum of Daragh (with one "r")

To share my experience with another family, who may benefit from the programme, I would say that I attended a comprehensive therapy programme, with intensive craniosacral therapy, whereby my son was worked on by several experienced therapists who individually and collectively evaluated and treated him. Aquatic and Equine facilitated craniosacral therapy were included to further assist my son to achieve therapeutic releases. I would highly recommend the programme to anybody who feels their child or indeed the whole family, could benefit.

Jeane mum of Daragh (with one "r")

Evie (6 years) had fun and seemed engaged which is pleasing. Time will tell but I'm glad she enjoyed the weekend and got involved. Other families should do their own research on CranioSacral therapy but I will say our child enjoyed it and we found the therapists to be positive, informative and committed.

Evie's dad Timmy

I found the CranioSacral Comprehensive Therapy Programme to be very interesting. Evie seemed to come out of herself hugely in the three days. in particular she seemed to communicate well with the horses and her experience in the water was amazing. On

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day one she was a little nervous but by day three, she had completely lost her fear and was throwing herself around the place. It was a lovely special time for all the family. We seemed to communicate well together just by being here.

Evie's mum Rachel

A very positive experience of the CranioSacral Comprehensive Therapy Programme overall. Callum seemed more relaxed, tolerant of noise and open to whatever might happen. I have learned to let Cullen be whatever he needs to be and do whatever he needs to do and allow him to take the lead and I follow. Fantastic to have so many experienced healers in one place. I liked that nothing was forced and the idea that Cullen led the therapists to where ever he needed them to go. I would say keep an open mind and go with the flow.

Aisling mum of Callum (10 years)

Positive! Positive! Positive! Great working with so many healers in an environment that really suited Cullen, and in a method that really suited Cullen. I would say to other parents go with an open heart and mind and see what happens. I imagine it is different for everybody but it really suited Cullen.

Owen dad of Callum

I greatly appreciate Anne's flexibility and willingness to work with our family. Although I was peripheral to the process due to other commitments, I could easily see that Fionn (16 years) and his mum Veronica, both got a lot out from the experience. To have so much loving attention from multiple therapists, all on one client, is a unique and powerful experience. The variety of therapeutic approaches was also a great benefit. We are very fortunate.

Jonathan dad of Fionn

A relaxing, heart opening event - peaceful, non-rushed, non-judgemental. Very well organised and planned with the perfect location. I myself was worked on twice, which was a huge surprise. The second time in the pool was awesome - right back to the womb and to connection with the cosmos, abundance and trust. Fionn, my son, integrated and released on many levels, I know. "That was magnificent" was what he said of the pool session. I would explain to another family how with several therapists working together the effect is so much stronger. Also people have their individual strengths, so when they work together, all the strengths help the client.

Veronica mum of Fionn

"that was magnificent (the pool), I felt really cool on the horse Chunky...thank you to Anne, Mary, Louise, Patricia, Eileen, TJ, and all the others"

from Fionn (16 years)

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This experience was more than expected - 3 days well spent. Different groups offered a different perspective, experience and new knowledge every day. The surroundings were comfortable and uncomplicated. We feel We feel Cullen (13 years) was offered a good physical and mental experience. The programme is worth the effort and expense and I am really looking forward to continuing the therapy at home and with our current CranioSacral Therapist.

Diane mum and Frank dad of Cullen

In May 2011 Joan wrote to us

I woke up one morning and was so dizzy I couldn't stand up. A couple months later I was having problems with my speech and needed a cane to walk. I was dizzy all the time. I also had problem with my memory and comprehension, among other symptoms. This went on for almost two years and all the doctors were stumped. I had CAT scans, MRIs, blood tests, and a spinal tap, among other tests. All tests came back negative. The neurologists diagnosed it as depression, but the psychologists said any depression was caused by my condition. I was stuck in a vicious circle with the neurologists and psychologists.

I went to see J. Scott Evans, PT, who specializes in CranioSacral therapy. I was skeptical, but willing to try anything.

After four days of treatment, for a few hours a day, I was feeling more energetic and less stressed. Scott suggested that I attend the "Integrative Intentions Comprehensive Therapy Program" where you are treated by several different therapists all day over a five day period. I was still skeptical, but also willing to keep trying to find some help.

I wasn't hopeful for a cure, but I did hope to find some ways to cope with my condition. The first day, I was impressed when a therapist was able to get rid of my migraine within minutes using aromatherapy.

By the end of the third day I was able to stand up and walk without a cane, and I could talk without any problems!

I was overjoyed!!!! I even danced!

It's a week and a half later and I am still feeling great. I am working on building my muscles back up to normal. I will need to continue to work on a system detox. My symptoms may have come from toxins in my environment, such as heavy metals, that built up in my system over time. This was something my doctors never even tested me for, even though my symptoms suggested this as a possibility. My doctors all knew that I lived in the country, drank well water, was involved in a flood, and burned flood contaminated wood in bonfires.

I AM SO GLAD I TOOK THE LEAP AND WENT TO THE COMPREHENSIVE THERAPY PROGRAM!

Thank you to Scott and all the other therapists who helped me in my road to recovery. I send a special thank you to therapists Denise, JoAnn, and Anthony, who were with me when I was able to walk and talk again.

Sincerely,

Joan Anderson

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In September, 2010, Karen wrote:

This program has moved me light years ahead in my incest recovery work. Having done it twice, I was just as impressed, perhaps more so the second time around and I would not have thought that was possible. Anyone looking for more insight into how their childhood experiences influence their adult way of being in the world, or for information on what is holding back their recovery should join you for a CTP. I can't recommend it highly enough. I should have video taped my psychotherapist's facial expression both times, after she read my notes from my CTP experiences. She was stunned at how much progress I made in my healing.

Amazing group of therapists, awesome food, healing environment outdoors. I can't complain about anything – it's all top notch (and I'm VERY fussy since I teach conferences myself and I know good organization and how much work it takes)

As a therapist myself, I'm really, really picky and I can't think of anything they did during all those hours that wasn't completely devoted to my well being and healing. They really put themselves out there, physically and energetically and it shows. You should be very proud of the team you have assembled. The communication between therapists was superb, I never felt like I had to "catch them up". I know we're doing the work, and it's not really the therapists "doing it", but seriously, I couldn't do this work as well or as comfortably without really, really skilled therapists. You have the best.

On Mar 10, 2009, at 3:43 PM, Richard Lorenz wrote:

Hi,

Sorry it's taken me so long to get this email together. I've sent out many emails to friends and family giving updates, but I've been taking my time with this one because my experience with all of you was so special and I want to express some very important things, and email is such a difficult vehicle for that. Please know that the memory of my experience with all of you is as bright as it was when I was there with you, it was really with me during the surgery and I know it will always be in my heart.

First of all, my nasal cancer surgery went as well as I had hoped. I should say, as well as I/we visually intended. When you go in for surgery, they make you sign a consent form which lists all the things they are allowed to do. Two of the things I had to sign off on was a total rhinectomy (taking off the nose) and a partial maxillectomy (removal of the hard palate and front teeth). They would not know until they got in there and were able to tell if they could see and access the whole tumor or not. As Anthony, John Heatherstone, and Knox (and others) helped me to visualize, the tumor was well-defined and accessible; they got the whole tumor and the margins around the tumor came back from pathology as being free of cancer. So the impact to my nose was relatively minimal... i.e., I have my own nose and they can probably fix that up a bit. And here I am and the breath comes in and the breath goes out, and I feel so much gratitude that it's hard to express. Thanks.

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(An interesting aside... I was looking at the tinctures that Sarah's husband put together and I saw something I'd never seen anywhere before... one that said "Red Clover --- surrounds tumors and clarifies the edges" !!! Wh-a-a-at??? That's when I knew I was in the right place). Thanks Sarah... and thank your husband for me.

I am thankful to John Hoernemann and Silke. They wanted to know what I considered to be the most important thing for me leading up to the surgery. I answered that to focus on my center is to do as much as I can to facilitate the best possible outcome. With John helping to clarify what the fear was and encouraging me to stay centered, and Silke's heart work, I found myself in a very protected area to just go there. I felt like I was the pilot of me, and I had to land me on the Hudson, and ... with the incredible help of you all... I did it.

I had a wonderful experience of understanding what my fears were, what I wanted to happen, and how to address it all directly.

And it wasn't just the therapists who were so helpful. A big part of that experience was the communication with all of you; sometimes long conversations, sometimes a "hello", and sometimes just with the eyes that bore my spirit up and gave me the strength to give my body over to the experience with a true feeling of surrender. I had identified the problem. I had chosen what I wanted as the best possible outcome. I had taken the internal actions necessary to facilitate that best possible outcome. I was ready to touch down. I was ready.

Traumatic events seem to force us to go inside to find our shelter. The True Beauty is that the shelter is always there for us. Thank you all so much for your part in helping me to remember to go there at such a critical time.

**Love and Peace,
Richard**

From Michigan

...tears of joy continue to stream at a still suprising rate....as I consider the blessings of this past week. I am still in the flabbergasted state knowing how much of your 'just being' has done to bless others. Without waxing too far, know that your work continues to reach out like the wind, gently carressing, holding, and protecting ALL who participated. We carry that with each of us, into the real world, and now have the ability,responsibility, and secure place from which to add each ones unique talent and being to the process. What mighty seeds you have planted, what awsome tenders of the Great Mysterys' garden. What a network to be part of.

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From Illinois:

Our son, Stephen, was born half paralyzed from the waist down with severe Arthrogryposis. After six healthy siblings, we were pretty shocked with his condition. We were told by some of the finest Pediatric Surgeons in Chicago that his paralysis was permanent and to accept it.

Seeing that God, the Creator, gave him all four of his limbs, we knew that the intention was for him to use them. Thus, our journey began.

Since that time, Stephen introduced to CranioSacral Therapy at two months of age, and like a flower, we have seen him just blossom! Little by little, we watched in awe as his little body gradually came back to life through the modality of Cranial work.

Cranial work has been an effective modality in assisting the body to heal itself. God made us miraculously and Stephen has been such a witness to this.

We have attended the Integrative Intentions Comprehensive Therapy Program four times and each time, with the multi-hands intensive work, Stephen has progressed in leaps and bounds.

At age 4 ½, he had no sense of erection and would hold his urine up to 15 hours. He was on the verge of catheterization. We attended an Integrative Intentions Comprehensive Therapy Program in February and three days later, erection began occurring and Stephen had the sensation to urinate. He is now fully potty-trained. What a miracle!

Today he has progressed from a little boy who could barely move his legs in KAFO's and a walker to a spunky 4 ½ year old who literally runs in long line steel bracing and fore-arm crutches.

Stephen also had speech delays which may have lasted for years but now are no more. He doesn't even need speech therapy any more.

He has amazed all of his physical and occupational and speech therapists and doctors with his abilities.

If there is anyone out there who has lost their hope that their bodies can get strong again, or have a special needs child who feels discouraged, I would strongly urge you to try this modality of therapy. The body can do amazing things when the restrictions are removed.

It is my observation, during the years of watching Stephen's development, that he has made the most gains in multi-hands cranial sessions. I see absolute accelerated healing and changes in his body after participating in the Comprehensive Therapy Programs and I would recommend this for anyone who wants to experience the possibility of faster gains.

From Wisconsin:

...the presences of both buffalos and horses were significant to me. I cannot say exactly what happened. I am aware of energy shifting for me personally and I have a guess as to how I will be working in the future...

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From Missouri:

I wanted to let you know how Josh did after the Comprehensive Therapy Program. He did so well. I noticed that he was much more alert, happier, vocal noise was louder, head control improved, & could sit with little assistance for longer periods of time. When he returned to school the teachers & therapist ask what we did. They also noticed a change. Thanks you so much for allowing us to attend. We both had wonderful experiences while we were there.

From California:

*I was just last week singing the praises of your comprehensive therapy programs, especially how it meets the need for the recipient to share about their experience with people who can relate, and to widen their scope of what they think is possible for their own sessions.
I'm glad I got to experience it as I did.*

From New Mexico

I have been meaning to write to you guys for a few weeks now, but opportunity is such a fleeting caprice! I have wanted to take a moment and let you both know how grateful I am to be a part of such an amazing group of hyper-talented people, and I really don't feel that words can justify the depth of thankfulness that I feel when I stand back and look at the big picture of what you have created! From the moment that Sophie slipped me that note inviting me to come out to play last year, to this very instant, I have tried to get my head around how much heart it must require to take on the creation and administration of such a broad reaching purpose, and I'll tell you- I may have a big head, but it is not nearly big enough to wrap around the love and devotion that you both pour into the container called Integrative Intentions until it oozes out all over the place and it sticks to people, and they track it all over the place like some sort of magnificent mud working it's way into the very fibers of the white carpet we call the world! (let me remind you, mud is earth and white is a color of grief- so don't let that compliment fool you into thinking that I think you inspire people to forgo clean shoes!) and while our feet are tracking stuff all over let's also pay tribute to the healing handprints left all over the walls, refrigerator and each other! Before I get too fluffy and flouncy, let me just finish with a simple Thanks, I appreciate you both, and your II Baby!